

HOSHIKI MONTHLY

Term 1 2024

We commenced this year with a number of changes in classes as some students moved up from Junior to Teen or from Teen to Senior. It's been great to see those students embrace the change and benefit from taking on the challenge to continue improving and developing their martial arts.

Term 1 was mostly focussed on getting back to basics and strengthening our foundations as well as working through grading requirements. Whilst Term 2 will focus on gradings and beginning to prepare a number of students for Junior and Senior Black Belt gradings later in the year.

DRINK BOTTLES, EQUIPMENT, BELTS

Please ensure that you have a full drink bottle and ALL equipment with you at every class, especially mouthguards.

Ensure your belt is tied correctly and tightly before class – ask for help if you need it. Belts should not come off during class – it is disrespectful and wastes time.

GRADING RESULTS FOR TERM 1

JUNIORS

Congratulations to Brookie, Azalea, Chiara, Micah & Luke on attaining their 1st Kyu (Black bars)



SENIORS

Congratulations to Tristan & Aidan on attaining their 7th Kyu (Green bars)



UPCOMING GRADINGS FOR TERM 2

JUNIORS

- Pierre & Fergus will be attempting their 6th Kyu (Green belt)
- Fraser will be attempting his 3rd Kyu (Brown bars)
- Emelia, Jasmine & Ned T will be attempting their 2nd Kyu (Brown belt)

TEENS

- Jack, Nathan, Will T & Will W will be attempting their 4th Kyu (Red belt)
- Harlan, Dexter & Ned will be attempting their 3rd Kyu (Brown bars)

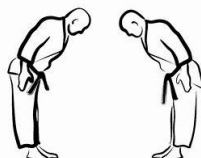
SENIORS

- Aidan & Tristan will be attempting their 6th Kyu (Green belt)
- Isaac, Will & Tom will be attempting their 3rd Kyu (Brown bars)
- Santi will be attempting his 2nd Kyu (Brown belt)

QUOTE:



“Nothing in the world can take the place of perseverance. Talent, genius and education may benefit. But perseverance and determination are the key”



*See you at training,
Kyoshi Matt and Shihan Maree*